## Your oral health can affect your overall health.

## **50%**

The Surgeon General reports that nearly 50% of American adults have gum disease.

#### **Heart Disease**

Gum disease increases risk for heart disease. high blood pressure, and stroke.



### 400-700%

If you have diabetes and bleeding gums, your risk of premature death increases by 400 to 700 percent.

### Alzheimer's



Gum disease and tooth loss increase risk of Alzheimer's disease.

Pregnant women with gum disease have a 1 in 5 chance of giving birth to a healthy child of normal size.



#### Kidney & Pancreas



Harvard studies state gum disease increases pancreatic and kidney cancer risk by 62%.

#### 6.5 More Years

Eliminating gum disease adds 6.5 years to your life.



93%

93% of people with gum disease are at risk for diabetes.



## Therapy

Gum therapy improves blood vessel health and helps prevent heart attack and stroke. Healthy gums help prevent diabetes.

# 2x's - 3x's

People with gum disease are twice as likely to die from heart disease and three times as likely to die from stroke.

#### Sources:

Centers for Disease Control and Prevention American Dental Association The American Academy Oral Systemic Health Journal of Periodontology Harvard University School of Public Health The Wall Street Journal

#### Cancer

Gum disease increases risk for head and neck cancer.

#### **Cavities**



Cavities are caused by a germ that spreads during kissing and sharing food.

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